

**Jullie M. Gray, MSW, LICSW, CMC**  
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## Education

Master of Social Work, December 1991  
Specialization in Health Care  
Focus in Community & Organizational Services  
University of Washington – Seattle, WA

Bachelor of Arts, June 1990  
Social Welfare  
University of Washington – Seattle, WA

Associate in Arts and Sciences, March 1987  
Focus in Nursing  
Shoreline Community College – Shoreline, WA

## License / Certifications

Licensed Independent Clinical Social Worker	2002-present
Care Manager, Certified - National Academy of Certified Care Managers	2005-present
Certified Professional Guardian, Washington State Supreme Court	2008-2013
Geriatric Mental Health Certificate, University of Washington	2005

## Association Memberships

Aging Life Care™ Association (formerly, NAPGCM)  
National Association of Social Workers

## Professional Experience

Aging Wisdom - Principal, Bellevue & Seattle, Washington 2004-present

University of Washington Continuing & Professional Education  
Instructor – Certificate Program, Foundations in Care Management, Winter 2016

King County Guardian ad Litem 2008-2009

Evergreen Healthcare, Kirkland, Washington 1992-2007

*Evergreen Hospice - Case Manager 2004-2007*

*Evergreen Senior Health Specialists - Clinic Manager 2001-2004*

*Evergreen Emergency Department - Lead Social Worker 1995-2004*

*Evergreen Inpatient Social Work Services - Medical Social Worker 1992-1995*

*Evergreen Care Network - Care Coordinator / Hospital Liaison 1992-1994*

Stevens Hospital, Edmonds, Washington 1998-2000

Per Diem Social Worker

University of Washington, School of Social Work 1999-Present

Affiliate Instructor

Robert E. Guyer, MD, Seattle, Washington 1983-1991

Medical Assistant

## **Publications**

**Gray, J.** *The Six Hidden Costs of Caring for an Aging Parent.* Blog Post. Aging Life Care Association. July 29, 2015.

**Gray, J.** *Caregiver Burnout: Is Your Flame About to Fizzle?* Blog Post. Aging Life Care Association. July 20, 2015.

**Gray, J.** *Burnout Can Happen to Anyone.* White Paper. Aging Life Care Association. July 20, 2015.

**Gray, J.** *Protecting Hospice Patients: A new look at falls prevention.* Am J Hosp Palliat Med 24; 242. DOI: 10.1177/1049909106298721. (2007).

**Gray, J.** *Falls; Primary Cause of Most Kirkland Trauma Injuries.* Kirkland Reporter. Sept. 12, 2007.

**Gray, J.** *Turning the Spotlight on Elder Abuse.* (For the Bellevue Network on Aging) Bellevue Reporter. May 19, 2009.

**Gray, J.** *Care Manager as Guardian: Ethical dilemmas of dual practitioners.* Inside GCM Summer 2010; Vol 21. No. 3

**Elder Abuse: Neglect & Self Neglect, Video** – Script by J. Gray & M. Wilkins. Produced by the Kirkland Senior Council: J. Gray, D. Wahl, A. Mussman & D. LaRue. Released January, 2008 for K-life, K-gov and Bellevue television.

## **Boards / Advisory Groups**

King County Elder Abuse Council (June, 2015-present)

National Academy of Certified Care Managers

- President, Board of Directors (December, 2014 – present)

Aging Life Care Association (formerly, NAPGCM)

- President (2013)
- Board of Directors (2010-2014)
- Executive Committee (2011-2014)
- Research Committee (2013-2014)
- Branding Taskforce (2013-2014)
- PR & Marketing Committee (2015)
- Nominations Committee Chair (2014)
- Education Curriculum Development Task Force (2013)
- HR Committee (2012, 2014)
- National Conference - Seattle Co-Chair (2012)
- Western Region Conference (Santa Rosa) – Hospitality Committee (2012)
- Working Group Leader for Education (2011)
- Western Region Conference (Las Vegas) – Hospitality Committee (2011)
- Connectivity Taskforce Chair (2010)
- Webinar Committee (2010)
- Sponsorship & Market Research Taskforce (2010)
- Standards of Practice Committee (2010-2011)
- Ethics Taskforce (2008–2010)
- Alternative Dispute Resolution Committee (2009)
- Western Region Conference Marketing & Sponsorship (2009)
- *Inside GCM* - Editorial Committee Member (2008-2009)
- WA State Western Region Unit Group, co-chair (2008 – 2010)

City of Bellevue Network on Aging Advisory Council (2009- present)

City of Kirkland Senior Advisory Council (2005-2007)

## Awards & Honors

- Fellow of the Leadership Academy of the Aging Life Care Association (ALCA). (2012-present)
- ALCA Western Region Chapter - B.J. Curry Spitler Community Service Award (2010)
- ALCA Western Region Chapter – Outstanding Chapter Member Award (2014)
- ALCA Western Region Chapter – Presidents Award (2014)

## Presentations (In Alphabetical Order)

### *Aging Changes: What's Normal & What's Not?*

Peter-Kirk Community Center, Kirkland, WA. June, 2006.

### *Assistance With Resistance: Promoting Change with Your Aging Parent*

Ida Culver House, Ravenna, Seattle, WA ~ Panel participant. Nov, 2006.

### *Building an Aging Life Care Practice: What Defines Aging Life Care Management?*

Webinar for NAPGCM – multiple presentations throughout the year (2012-present)

### *Convalescent Care – What Medicare Covers & How Medicaid Can Fill the Gaps*

LakeVue Gardens Convalescent Center, Kirkland, WA. May, 2007.

### *Dementia Explained*

Peter-Kirk Community Center, Kirkland, WA. August, 2006.

### *Elder Abuse: Identifying, Reporting & Intervening to Stop Abuse*

Antioch University, Seattle: Counseling Program – Clinical Treatment of Older Adults & Families  
March, 2009.

### *Elder Mediation: The Geriatric Care Manager's Role*

City of Bellevue Elder Mediation Training Program ~ Panel Participant. Sept, 2008.

### *Ethics and Aging in Home & Community Based Practice Settings*

Cascadia Training – Lynnwood, WA October, 2014

### *Ethics in the Trenches – Conference Intensive (4 hours)*

The National Association of Professional Geriatric Care Manager's 25<sup>th</sup> Annual Conference,  
Chicago, IL. April, 2009

### *Ethics - Journey's End: Decisions, Ethics & Care at the End of Life*

Bellevue, WA. Full day workshop. March, 2010

### *Ethics Matters: Facing Ethical Dilemmas with Confidence*

Western Region Chapter of NAPGCM 22<sup>nd</sup> Annual Conference, Las Vegas, NV. Oct, 2011

### *Ethics - Reflections on Integrity: A Core Value of Social Work Practice*

Evergreen Hospice Social Workers. June, 2012.

*Ethics - When Autonomy Hurts: An Ethic of Care in a Fiercely Independent Society*  
National Association of Professional Geriatric Care Managers 27th Annual Conference, New Orleans, May, 2011.

*Finding the Best Long Term Care Solution*  
Peter-Kirk Community Center, Kirkland, WA. July, 2006  
Chinese Evangelical Church, Seattle, WA (with interpreter). Nov, 2005

*Managing the Holiday Blues*  
Ida Culver House, Ravenna, Seattle, WA. Nov, 2005

*Prepare for the Age Wave: Understanding Long Term Care Services*  
Joslin Capital Advisors, Bellevue, WA. March 2013  
Windermere Transitions Program: Bellevue, WA. Jan, 2013,  
Windermere Transitions Program: Seattle, WA. Sept, 2012

*Powerful Solutions for Impossible Cases*  
WA Elder Law Section - Seatac, WA. Oct, 2012

*Stop Winging It – Helping Your Clients Understand Long Term Care Services*  
WA Elder Law Section – Highline College, Des Moines, WA Jan 2015

*Understanding Hospital Discharge Planning*  
Kirkland, WA. May, 2006

*Where to Turn When You Need Help*  
Joslin Capital Advisors, Bellevue, WA. March, 2014

*Why Use a Medical Interpreter?*  
Evergreen Medical Group, Clinic Managers, Kirkland, WA. Oct, 2001.  
Evergreen Emergency Department, Kirkland, WA. April, 1999,