

## When individuals and families are facing the transitions of aging, we support them, guide them, and provide peace of mind.

Planning for the future and adapting to unexpected health or memory changes gives you and your family a lot to think about. Services are confusing, fragmented and expensive. Without expert guidance, it's easy to become overwhelmed.

Aging Wisdom is in the perfect position to help you make sense of these changes and find the right support, resources and solutions for your situation.



We provide clients with information and tools to make the best decisions. We are experts in aging well, caring well, and living well.

### HOW IT WORKS



*"Thank you for being there for my mother. It has been amazing to watch your compassionate and unwavering advocacy for the safety and well-being...even if dementia makes things more difficult."*

— Client's daughter

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## OUR SERVICES



### EXPERT GUIDANCE

The first step for clients. We learn about your situation, concerns and explore how we can help. As your trusted advisor we become your partner. We have extensive knowledge about costs, quality, and availability of resources in our community.

- Set priorities
- Review options
- Make informed decisions
- Implement creative solutions

**RESULTS: Confidence to take effective action**



### ONGOING SUPPORT

We can remain actively involved to optimize care and adjust to changing needs and circumstances.

- Care coordination
- Effective advocacy
- Responsive problem solving
- Clear, collaborative communication
- Personalized solutions

**RESULTS: Peace of mind and enhanced quality of life**



### CREATIVE ENGAGEMENT

We developed our Creative Engagement Program because we understand the importance of staying engaged at every stage of life. What brings joy and meaning can easily get overlooked as people age or live with a difficult diagnosis.

- One-on-one, individual engagement
- Meaningful experiences tailored to each client's unique talents and interests
- Focus on quality of life

**RESULTS: Live well!**



*"I cannot imagine having made it through this with my husband without the help of Aging Wisdom. Your team were absolute rocks and vital in making his last days so comfortable and loving. You were so wonderful and I'm so very grateful."*

– Client's wife