

## Consulting & Care Management

When facing the transitions of aging, we facilitate strategic planning, coaching, and implementation of solutions.

### EXPERT GUIDANCE

Common reasons clients seek our expertise:

- Alzheimer's & Dementia care
- Aging parents refusing help
- Identifying retirement communities
- Hospital discharge planning
- Moving a parent to this area
- Navigating decisions on behalf of a spouse
- Solo aging
- Making sense of options
- Long distance caregiving
- Parkinson's management

**RESULTS: Knowledge & support to make informed decisions**

### OUR CLIENTS

We can remain actively involved to optimize care and adjust to changing needs and circumstances. Common areas for ongoing support include:

- Assessment and monitoring
- Planning and problem-solving
- Education and advocacy
- Family caregiver coaching

**RESULTS: Peace of mind and enhanced quality of life**



### OUR TEAM

- National leaders in the field of aging
- Members of the Aging Life Care Association (ALCA)
- Adhere to strict ALCA Standards of Practice and Code of Ethics
- Certified or working towards certification
- Engage in ongoing education and training

### OUR CLIENTS

- Feel confident in decision-making.
- Receive person-directed care, attention, and resources to age optimally.
- Protect their support systems and ensure they are not overly burdened.

*Aging Wisdom inspires hope through creative solutions so our clients live well, care well, and age well.*