

The Art of Connection

Curated creative experiences to inspire wonder, meaning, and joy.

THE ARTS TRANSFORM

Art is essential to our well-being.

Research shows engaging in the arts for 45 minutes can reduce stress, improve mood, and increase quality of life.

Bring the arts alive by engaging all the senses, encouraging expression, purpose, and creativity. Aging Wisdom's **Art of Connection** program encourages your adult family home residents to explore their creative sides, connect with each other and to the larger environment of the residence.

RESULTS: Encourages artistic exploration, self-expression, and fosters mental stimulation.



HOW IT WORKS

Aging Wisdom Creative Engagement Specialists (CEs) will bring art projects to you and your residents. CEs are experts in evidence-based methods to successfully engage with older adults living with health challenges.

Project possibilities include nature printmaking, mandala painting, watercolor, floral press frames, wind chimes, solar prints, rock painting, collage, floral design and more.

Making art as a community encourages conversation, empathy, and curiosity.

RESULTS: Joy. Calm. Pride. Peace. Awe.

“My residents enjoyed the creativity of each unique experience. These kind of activities through art bring people together and create beautiful memories and keep their mind engaged which promotes a healthy life.”

~Aurica Cuc, RN, owner, Lake View AFH

PROGRAM FEES

Fees include planning, curation & cost of materials, project facilitation, resident engagement, travel time, and project set up and clean up.

We also offer one-on-one engagement visits.

Visit our website -- agingwisdom.com -- and click on **SCHEDULE A CALL** to learn more about our **Art of Connection** program. Or reach out to **Katie Lamar**, Director of Creative Engagement, at katie@agingwisdom.com

Aging Wisdom inspires hope through creative solutions so our clients live well, care well, and age well.

