

Everyday Management

Personal Assistance Services

**Time is precious. Sometimes a little support can make life easier.
Who knew cleaning your closets could be this fun?**

To-Do List & Project Navigation

Services could include and are not limited to:

Household Management: meal planning, coordinating cleaners, errands, transportation

Organization and Reminiscence projects: family photos organized, sorting books, music collections, reducing clutter

Holiday Planning: gift planning/ shopping/ wrapping, decorations, cards and mailing, wreath making, party preparation, baking cookies

RESULTS: Make space for more joy!

Our Clients

Who uses **Everyday Management Personal Assistance Services**? Anyone needing a little extra help, getting organized, and started on projects:

Proactive planners who want help getting organized for a transition in life such as retirement, supporting aging-in-place, or making a transition to a new living space

Adult children, especially Sandwich care partners, supporting their parents

Anyone who could benefit from objective, skilled, and engaging support

RESULTS: Peace of mind and enhanced quality of life.

Our services may supplement home care and other types of care or attendant support but not replace them. No personal hygiene assistance. No housecleaning.



Our Team

Our Specialists are carefully vetted professionals, organized, thoughtful, and trusted; experts in finding solutions to help you live your best life, making more space and time for the things you love to do. They adhere to the **Best Practices** and **Code of Ethics** of the National Organization of Arts in Health (thenoah.org).

Our Process

We meet with you to understand your goals and provide a prioritized list of tasks after our consultation. We are available for weekly, one-hour minimum shifts.

Questions?

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Aging Wisdom inspires hope through creative solutions so our clients live well, care well, and age well.